

# READINGTON PUBLIC SCHOOL DISTRICT

## Readington Middle School Social and Emotional Learning Tier Scope and Sequence

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## **I. PURPOSE AND OVERVIEW**

The Readington Township School District Social and Emotional Learning (SEL) initiative adheres to the belief that explicit and implicit SEL instruction should foster, for all students, the ability to feel connected, valued, and secure in digital and non-digital learning environments cultivated by a shared sense of community. Every individual will develop skills that promote an awareness of self and others as well as the environment, including the ability to understand the impact of their decisions. Our Tier 1 Scope and Sequence documents based on a multi-tiered system of support lead students to develop a life-long practice in social and emotional competence outlined by the Collaborative for Academic and Social Emotional Learning (CASEL)

*Self Awareness*

*Self Management*

*Social Awareness*

*Relationship Skills*

*Responsible Decision Making*

## **II. RATIONALE TIER 1 SEL SCOPE AND SEQUENCE GRADES 6-8**

The purpose of social and emotional learning education is to provide students systemic, age- appropriate opportunities to develop a life-long practice in social and emotional competence outlined by the Collaborative for Academic and Social Emotional Learning (CASEL)

*Self Awareness*

*Self Management*

*Social Awareness*

*Relationship Skills*

*Responsible Decision Making*

## **III. GOALS**

Goals are linked to the Collaborative for Social and Emotional Learning (CASEL) and the New Jersey Anti-Bullying Bill of Rights Act. This document is purposefully designed in the following manner:

1. Bi-monthly character themes
2. Weekly affirmation connecting to the monthly character theme
3. Mindfulness practices
4. Purposeful SEL integration into academic subject areas
5. Connections to CASEL's five core competencies

**\*Click below to access the Complete Tier 1 SEL Scope and Sequence Document by grade level. These lessons are designed to be taught during Academic Support. You will also find a document describing each purposeful video that was chosen and the location of the source.**

[Grade 6 and 6th Grade SEL Resources and Descriptions](#)

[Grade 7 and 7th Grade SEL Resources and Descriptions](#)

[Grade 8 and 8th Grade SEL Resources and Descriptions](#)